



The mountains of Cumbria are probably its greatest asset – but can also be one of its greatest dangers. But for over half a century there has been a small band of volunteers in the Northern Lakes dedicated to protecting the lives of climbers and walkers.

Since the team was founded in March 1959, it has been called out to more than 700 incidents and has saved many lives. 2008 was our busiest year when we answered 62 emergency calls.

The team covers an area of 965 sq miles – stretching from the Scottish border as far south as Haweswater and from Cumbria's boundary with Northumberland west to the Solway Firth, including the towns of Carlisle, Penrith and Brampton.

Not all emergencies are in the mountains and don't all happen to tourists! We have assisted at accidents and other emergencies such as military and civilian plane crashes, the 2005 Carlisle floods and the 2007 Grayrigg train crash. We are also called upon by the Police to assist with searches for vulnerable/dependent people.

The team consists of approximately 40 members – all volunteers, of various ages, experience and backgrounds. Our members train regularly and many also go on to specialise in aspects of mountain rescue such as Technical Rope Rescue, Swift Water Rescue and Search Dog handling.

For more information on the work of Penrith Mountain Rescue Team go to: www.penrithmrt.org.uk



How to help us

I would like to make a donation to Penrith MRT.

Full name

Address

Postcode

Email

Telephone

Amount Enclosed £

Gift Aid

We can reclaim tax from the Inland Revenue at no cost to yourself – to help us even more please complete the following:

Signature

Date

Please

print name

Contact me

- I would like to be contacted about making a regular donation or helping the team further.

The information you have given to us will be used only to set up your donation. It will not be disclosed to any other charity or business.

Please send your completed form to:
Treasurer, Penrith Mountain Rescue Team,
Tynfield Drive, Penrith, Cumbria CA11 8JA

We thank you for your support

Mountain Rescue Teams In England and Wales receive no funding, instead we rely on the generosity of public donations to fund our work.

It currently costs between £20,000 to £25,000 per year for the Penrith Team to provide our rescue services.



If you need the services of a Mountain Rescue team

- Dial 999 and ask for POLICE (ensure you are put through to Cumbria Police and not another emergency service).
- Tell the police operator that you need Mountain Rescue.
- Tell them where you are (grid reference if possible) and the nature of the incident.
- Give them a contact phone number.
- If an ambulance is needed the police or the rescue team will ensure one comes (you do not need to ask for the Ambulance service as well).
- Stay by the phone or in the place you can receive a signal on your mobile (you sometimes need to walk up hill for a better signal).
- A rescue controller will call you back at the number you have given, take further details and mobilise the team.
- They will be with you as soon as possible.



saving lives in wild & remote places

www.penrithmrt.org.uk

PENRITH MOUNTAIN RESCUE TEAM
Registered Charity Number 505 809